

NAPLES COMPUTERS HOW-TO · PC & MAC BASICS

Make Your Computer Start Faster (Startup Apps)

Apps that quietly add themselves to your startup list are the most common reason a computer takes forever to boot. This guide shows how to turn off startup apps on both Windows and Mac.

Why startup gets slow

Most of these apps installed themselves into your startup list without asking.

Apps add themselves quietly

Installing an app often turns on its auto-start, without asking.

Each one adds a little delay

A handful of them together can add real time to every startup.

You rarely need them right away

Most can open later, when you actually use them.

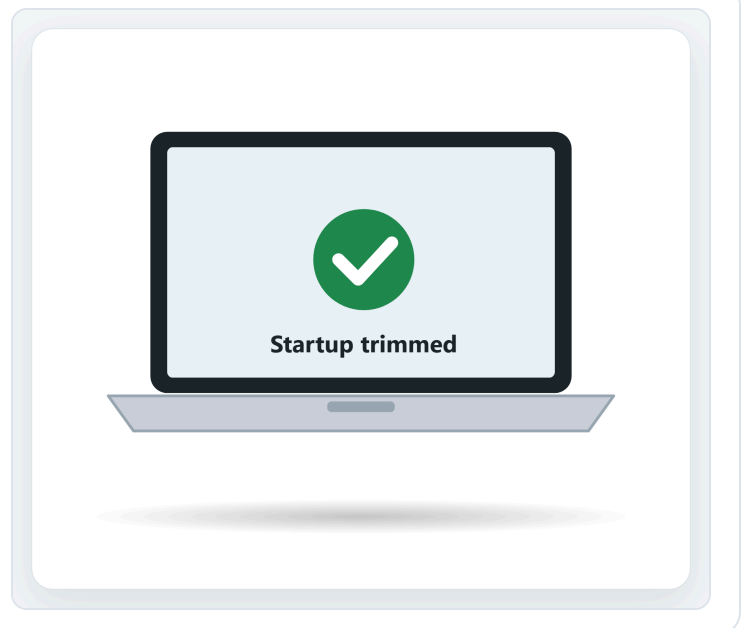
Make your computer start faster, step by step

FASTER STARTUP**Computer taking forever to start up?**

A few apps launching in the background every time are probably why.

WHAT TO DO

We're Naples Computers, helping Naples families speed things up since 1993.



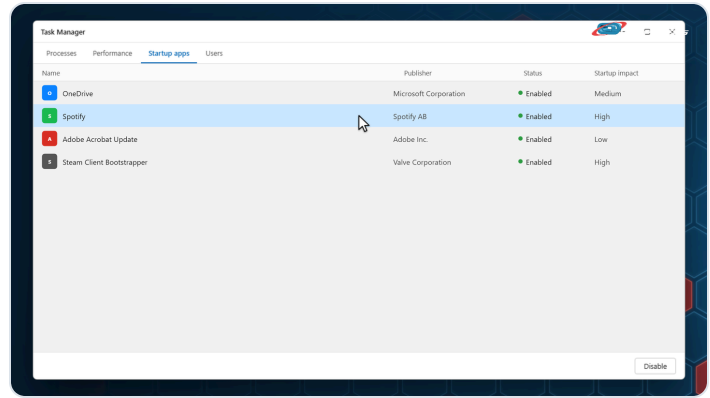
WINDOWS

1 Windows: Task Manager, Startup apps

Open Task Manager, then click the Startup apps tab.

WHAT TO DO

Click an app, like Spotify, then click Disable at the bottom.



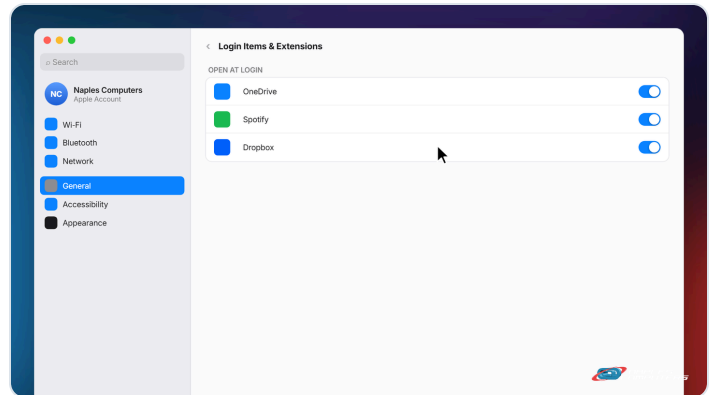
MAC

2 Mac: General, Login Items

Open System Settings, then General, then Login Items and Extensions.

WHAT TO DO

Find the app, like Spotify, and turn its toggle off.



A few tips

- ☐ Leave security software alone
Antivirus and similar protection should keep running at startup
- ☐ Keep cloud sync apps if you use them daily
OneDrive or Dropbox are worth keeping if you rely on them
- ☐ Not sure? Turn off one at a time
Disable one, restart, and see if anything you need stopped working

Recap: faster startup

- ☐ Windows: Task Manager, Startup apps, Disable
- ☐ Mac: System Settings, General, Login Items
- ☐ Leave security software running
- ☐ Keep cloud sync apps you actually use
- ☐ Still slow? Call Naples Computers

Turn off one app at a time if you're not sure what it does, then restart and check that nothing you rely on stopped working.



Still starting up slow?

Call 239-513-1960

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